

	PROGRAM NAME	ACTIVITY	CONTACT	OTHER INFORMATION
	Fun Recreational Activities			
1	AngelFish Therapy	therapeutic swimming	Ailene Tisser 2 03 969-6431/545-0024	for 18 months & older at Westport YMCA www.angelfishtherapy.com
2	Arts for Healing	music	Karen Nisenson 203 972-1719	music therapy and exploration for children with special needs
3	Kids in Motion New Canaan	gymnastics	203 966-4135	www.kidsinmotionct.com
4	Kids u	gymnastics/music	203 847-2085	Mommy and Me classes and parties
5	KidsEvents.com		1877-472-4KIDS	online database of family events,kids classes,childcare/community events
6	Maritime Aquarium		203 852-0700	www.maritimeaquarium.org
7	Music For Children	music	Mary Ann Hall 203 454-7484	classes for children 2-8, September to May
8	Music Together	music	Jackie Jacobs 203 256-1656	Fairfield County, mixed age infant-5 years
9	Music Together	music	Stephanie Gaumer 203 840-0750	Western Fairfield County, mixed age infant-5 years
10	My Gym	gymnastics/parties	203 847-3496	www.mygym.com
11	Pegasus	horseback riding	Katie 203 356-9504	therapeutic horseback riding
12	Stepping Stones Museum		203 899-0606	www.steppingstonesmuseum.org
13	The Little Gym of Norwalk	gymnastics/parties	203 838-4043	www.tlgnorwalkandwestportct.com
14	Tumble Bugs	gymnastics	Joanna 203 847-4994	gymnastics for 18 months to 6 years
15	Westport School of Music MusicWorks!	music	Martha Hisey 203 227-4931	music programs
16	Wilton YMCA	"Mommy & Me Yoga"	Andrea Vignali 203 762-8384	Yoga for kids with special needs
	Play Groups			
1	Family Resource Center	workshops,playgroup,family support	JennyLynn Carey 203 899-2900 x123	Naranake School Norwalk residents only
2	Family Resource Center	Workshops,playgroup,family support	203 899 2326	Fox Run Elementary School Norwalk residents only
3	Jump Start	preschool	Sue McGraw 203 487 09-66	Children with special needs ages 2- 2 1/2
4	Parents as Teachers	play groups & workshops	Arlene Litt 203 454-2309	playgroups & workshops for parents and children

	Parks & Rec/ YMCA			
1	Darien Parks & Rec	recreation programs	Mary Kate 203 656-7325	summer camp, various recreation programs
2	New Canaan YMCA Kids in Motions	summer camp, rec programs	Carol Antrum 203 966-4528ex141	summer camp, various recreation programs
3	Norwalk Parks & Rec	summer camp, rec programs	city hall room 25/ 203 854-7806	summer camp, various recreation programs
4	Norwalk YMCA	summer camp, rec programs	member services 203 852-9463	summer camp, various recreation programs
5	Westport Parks & Rec	summer camp, rec programs	Karen Puskas 203 341-5090	beach school, swimming, & various year round recreation
6	Westport/ Weston YMCA	recreation programs	member services 203 226-8981	camps, recreational & character building activities
7	Wilton Parks & Rec	summer camp, rec programs	Program Director 203 834-6234	programs including camp, gymnastics, etc.
8	Wilton YMCA	summer camp, rec programs, yoga	Andrea Vignali 203 762-8384	summer camp, various rec programs throughout the year
	School Special Education Groups			
1	SPEDNET Wilton		Eve Kessler 203 761-0680	ekessler@peoplec.com
2	SPEDNET New Canaan		Anne Easton 203 838-5485	Educational support. www.spednet.org
3	STEPS(Support for towns exceptionals children)		Gretchen Burke GMBURE1@aol.com	Educational
4	Westport SEPTA		Rebecca Bruno 203 227-3008	Educational support.
	Advocacy Groups			
1	National Down Syndrome Society (NDSS)	information on Down Syndrome	Jennifer Schell 800 221-4602	sponsors buddy walk in NYC & CT, conferences & activities nationwide
2	CT Down Syndrome Congress	information on Down Syndrome	Anne Eason 203 838-5485	sponsors annual convention in CT, activities for families
3	Connecticut Down Syndrome Congress	Dinner/support	Mary Matchant	Mom's nite out marymar@cox.net
4	Autism Parent Club	Dinner/support	Patty Silvia 203 761-0248	Moms and Dads pattysilvia@aol.com
5	Wilton Parent advocacy Team(WPAT)	advocacy for school/community	wiltonspedgroup@aol.com	Wilton Parents only
6	Fairfield County Autism Support Group	meetings	Lois Rosenwald 203 265-7717	meetings, resource guide
7	Tamale tuesdays	Dinner/support	Judi Anders 203 801-0794	New Canaan Parents Group

8	Taj. TheYWCA STEPS of Darien	Dinner/support	YWCA 203 656-2535	ywcacastepsdarien@optonline.net
9	Pizza Moms Darien	Dinner/support	Nanette Jordannanette618@yahoo.com	Moms
10	Dad's Night Out	Dinner/support	Michael Beloff mbeloff@optonline.net	Dads
11	Pizza Moms Greenwich	Dinner/support	Phillippa Orszulak 203 531-6471	Moms angelmanmom@aol.com
12	Patent to Parent of CT	Information and support	Parent support person 1800-399-7284	PATHP2PCT2pathct.org
13	Padres Abriendo Puertas	Parent support group	Angel Avil 203 434-1528	Latin families who have children with developmental disabilities
14	STAR	respite services	Linda Snell 203 855-0634	temporary relief for caregivers of individuals with special needs
	Licensed Preschools/Daycares			
	WESTON			
1	Emmanuel Nursery School		203 226-4432	Ages3-7
2	Norfield Children's Center, INC		203 227-70-47	ages 2-10
	WESTPORT			
1	A Child's Place		203 227-1940	Ages 0-6
2	Beginnings: An Infant/Toddler Program		203 227-5160	Ages 0-5
3	Conservative Synagogue Preschool		203 454-4673	Ages 2-5
4	Earthplace Nursery School		203 227-7253	Ages 2-5
5	Green's Farms Nursery School, LLC		203 227-9363	Ages 2-5
6	Learning Community Day Sch, INC		203 227-8394	Ages 2-6
7	Pumking Preschool of Westport INC		203 226-1277	Ages 0-5
8	Temple Israel Early Childhood Center		203 227-1656	Ages 2-4
9	Westport Connecticut Nursery School INC		203 227-7941	Ages 1-5
10	Westport-Weston Coop Nur Sch INC		203 227-9318	Ages 2-5
11	Westport/WestonYMCA Childcare		203 226-8981	Ages 1-5

12	Christ and Holy Trinity Church Day School		203 226-4616	Ages 0-5
13	Old Hill Children's Day School,LLC		203 221-8238	Ages 6w-5y
14	Children's Community Developmental Center, INC		203 226-8033	Ages 0-5
	WILTON			
1	Children's Day School of Wilton,INC		203 762-8001	Ages 2-5
2	Helen Gander Friends Nursery School		203 761-7933	Ages 2-5
3	Wilton Family YMCA Nursery School		203 762-8384	Ages 2-8
4	Zion's Hill Preschool Program		203 762-9620	Ages 1-5
5	Creative Play		203 544-8198	Ages 6w-5
6	Homespun Learning Environment, LTD		203 762-2863	Ages 0-5
7	Leaps'n Bounds Child Care Services, LLC		203 761-9100	Ages 3m-5
8	Tuesday's Child at Wilton		203 834-2616	Ages 6w-12
9	Wilton Children Center, INC		203 762-0663	Ages 3m-10
	NORWALK			
1	A Kid's Place, INC		203 899-0091	Ages 12w-5
2	All Saints Daycare		203 847-3881	Ages 6w-4
3	Busy Bodies Child Care Center INC		203 849-7723	Ages 0-8
4	Carousel Preschool Day Nursery, INC		203 847-1276	Ages 0-10
5	L'il Critters Preschool INC		203 847-4220	Ages 0-10
6	Neon at Ben Franklin		203 899-8560	Ages 0-10
7	Nitzan Nursery School		203 838-2710	Ages 0-5
8	Norwalk Comm Child Development Laboratory		203 857-7352	Ages 6w-5y
9	Playloft Early Learning Center,INC		203 855-1469	Ages 0-10
10	Toni's Day Care		203 866-0766	Ages 0-5

11	Tumble Bugs Preschool		203 847-4994	Ages 0-12
12	Tutor Time Child Care Learning Center		203 846-6046	Ages 0-5
13	Happy Time Nursery School		203 847-9566	Ages 8w-5
14	Sonshine Christian Children's Center		203 831-8349	Ages 6w-5
	NEW CANAAN			
1	New Canaan YMCA Child Development Center		203 966-1396	Ages 0-13
2	The Tot's Spot		203 972-3161	Ages 18m-5
3	Toddler Time To Five		203 972-3111	Ages 2-5
	DARIEN			
1	Holly Pond School		203 655-8228	Ages 2-11
2	Methodist Family Center Preschool, INC		203 655-7407	Ages 2-5
3	Noroton Presbyterian Nursery School		203 655-3223	Ages 2-5
4	ST. Luke's Parish School		203 655-4067	Ages 0-5

We have made every effort to ensure accuracy regarding all the entries in this directory. However, you may find that contact names, addresses, and phone numbers may have changed. Please let us know of any discrepancies, so that we can keep our records up to date. STAR Inc., Lighting the way intends no implied endorsement for any resource listed. Users should continue to exercise their customary judgement, check all references, and conduct any screening they feel necessary to ensure that any resource is appropriate for their family.